**Spiritual Directors**

**Diocese of Pennsylvania**

**2024**

**Name: Megan Bartlett**

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**Biographical Information**:  I am a Lutheran pastor’s “kid” who has felt at home in the Episcopal Church since 2006. Although I enjoy my work as a licensed professional counselor, I find my greatest fulfillment as a spiritual director, accompanying people as they seek to understand and deepen their relationship with the Divine. I feel called to companion those in discernment about a major transition (e.g., career, vocation, relationship, or relocation), those who are grieving or experiencing a “dark night of the soul”, and those who aren’t feeling nurtured by the Church or have been hurt by those who represent the Church. My belief that God exists both with us and within us guides me as I listen deeply and offer tools to increase awareness of God’s presence. Some spiritual tools and practices that I use both in my life and in spiritual direction include body focusing, Centering Prayer, Lectio Divina, Breathwork, nature walks and the labyrinth, and poetry/art.

I am currently meeting with directees on Zoom and look forward to hearing from you.”

**Name: Melissa Berkey-Gerard**

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Philadelphia

**Biographical Information**: I am a seeker of the Spirit in all places– in worship, in nature, collaborating in community, struggling for justice, slowing down to walk at the pace of a toddler. In spiritual direction, I create space for others to listen deeply to the Spirit, and to their deepest longings, and to live from that place. I am an active contemplative. I have extensive work with traumatized and burned-out individuals and communities, and desire to help you find what heals you, what re-connects you, what energizes you. I celebrate the LGBTQ+ community and work from an anti-racist standpoint. I’m a graduate of Princeton Theological Seminary (MDiv) and earned my spiritual direction certification through Kairos School of Spiritual Formation. I have served as a pastor and chaplain, and have extensive experience with human rights organizations, and organizations working with people experiencing homelessness and returning home from incarceration. While I call home a Mennonite congregation, I work with people of all denominations. I live in Philadelphia with my spouse, two children, pets, and many plants.

**Name: Joanne Brewer Conway, Ed. D.**

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Chestnut Hill, Philadelphia

**Biographical Information**: I spent the bulk of my professional life as a practicing Psychologist.  Over the years I grew to see the need for a strong and grounded spiritual life for a meaningful and generous life.  Upon retirement, I received training in Spiritual Direction from Oasis Ministries for Spiritual Development.  My orientation is contemplative combined with active listening and expanding self-awareness through deep questioning.  I value journeying with others in their spiritual exploration and find great joy in my work with others.  I am open to working on Zoom or in person.  I am located in the Chestnut Hill section of Philadelphia.

**Name: Leigh Detato**

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Warminster

**Biographical Information**: I am a life-long member of the Episcopal Church. My background is in music therapy. I have been the sole practitioner of a massage therapy studio for over 15 years. With an eye toward whole wellness, I am also a certified professional life coach and most recently completed the Spiritual Guidance Program through the Shalem Institute for Spiritual Formation in December of 2023. I look forward to entering into conversation with those wishing to ponder their spiritual journeys.

**Name: The Rev. Dr. Nancy Burton Dilliplane**

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Bucks County

**Biographical Information**: Nancy is a graduate of the Shalem Institute's Spiritual Guidance and Group Spiritual Direction programs.  She delights in walking alongside others as they listen for the voice of the Holy One and discern God's invitation and blessing in this rapidly changing world.  Her approach is contemplative--that is, in both individual and group direction, we spend part of our time together in silence, seeking to let God's breath become our breath, God's dream, our dream.  Nancy is also an Education for Ministry mentor and an Episcopal Priest with nearly 20 years’ experience in parish ministry.  She feels called to companion individuals, groups and faith communities as they grow deeper in their relationships with God and one another and engage more fully with their baptismal vocations.

**Name: Eric Frankhouser**

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Perkiomenville

**Biographical Information**: I am a Spiritual Director, joining with those who want to grow closer to their God. I co-journey with those in search of, and desire to grow closer to, the Spirit, Energy, and Love in all of creation, including ourselves, and our God. All Faiths, Genders, Identifications, and Spiritual Affiliations welcome. Formal formation through Chestnut Hill College: Holistic Spirituality with Spiritual Direction Masters Program, and Neumann University Spiritual Direction Graduate program. Additionally, I hold several certifications, such as Centering Prayer Presenter, Mindfulness, EFM Mentor, and am a retreat leader as well as a facilitator of several spiritual growth focused groups.

**Name: The Rev. Trey Kennedy**

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**Biographical Information**: I serve as a priest in our Diocese and have been ordained since 2016. My certificate in Spiritual Direction came from Metagem Institute in 2020. I have experience helping with discernment and with phone/video Spiritual Direction. You can learn more about me and my approach to Spiritual Direction at my website: [therevtreykennedy.wordpress.com](http://therevtreykennedy.wordpress.com/)

**Name: The Rev. Catherine D. Kerr**

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New Hope

**Biographical Information**: I’m a photographer and writer; a wife, mother, and grandmother; a priest in the Episcopal Church, and all of these are places where I connect with God in my own life. I have a certificate in Spiritual Direction from General Theological Seminary, where I also earned my M.Div. I’m also a graduate of Shalem’s Clergy Spiritual Life and Leadership program. I’m especially interested in contemplative spirituality and in the connections between spirituality and action for social justice and between spirituality and art. I’m available to talk with seekers and committed believers, as well as with priests and deacons and with those discerning a call to ministry. I’m happy to meet online or in person in Bucks County.

**Name: The Rev. Mary McCullough**

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Horsham, Montgomery County

**Biographical Information**: I am a retired priest in the diocese, with a Master's Degree in Spiritual Direction from Neumann University. Continuing Education includes Certificates from Shalem Institute’s program in *Clergy Leadership Spiritual Life and Leadership* program, as well as *Transforming Community: Leading Contemplative prayer Groups and Retreats* and *Group Spiritual Direction.* Spiritual direction is a way to cultivate a deeper connection to what is holy. A basic, key, fundamental theological assumption for me is that the Holy Spirit of God is ever present in our lives; revelatory in one's relationships, desires, insights, learnings and resistances. Together, in a trusted covenantal relationship, we explore this mysterious and joy-filled presence. I am happy to meet online or in person.

**Name: The Rev. Julia M McKeon**

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Yardley

**Biographical Information:** I offer spiritual direction as a companion on the sacred journey of life walking with others as they deepen their relationship with God and discern the call of the Holy Spirit. She received training in spiritual direction through Mercy Center in Burlingame California and Stillpoint in Pasadena California and has an MDiv degree from Church Divinity School of the Pacific in Berkeley. She has trained in the Enneagram and Grief Counseling. Julia is a priest in The Episcopal Church and worked for many years as a hospital chaplain. She welcomes all faith traditions and spiritual practices. Sessions are available by phone, zoom, Skype, or in person in the Bucks and Mercer county areas.

Focus Areas: Couples/Families, Dying/Sick/Hospice, Grief and Loss, Health Care, Mindfulness/Meditation, Women's Issues

**Name: The Rev. Jessie Thompson**

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[**www.desertsoulcompanion.com**](https://protect-us.mimecast.com/s/oVQqClYVRPTArGvIGrMOz)

**Biographical Information:** I am a Pacific Northwest native who now lives in the desert (though I've served in the Diocese of Pennsylvania). I am continually discovering how landscape impacts our sense of identity and spirituality. I am a Spiritual Director/Spiritual Companion and an Episcopal priest with a passion to gather folks to create space for the Holy. I have a BA in Religion, a Certificate in Anglican Studies from Church Divinity School of the Pacific (Graduate Theological Union) in Berkeley, CA, and received a Master of Divinity and a Post-Master’s Certificate in Transforming Spirituality with an emphasis in Spiritual Direction at The Seattle University School of Theology & Ministry. I have experience as an interfaith chaplain at Legacy Emanuel Medical Center, one of only two Level I trauma centers in the state of Oregon and home to the only burn center between Seattle and Sacramento. I am a graduate of the Shalem Institute’s Contemplative Leadership program. I have over 25 years of ministry experience, faith formation facilitation, and student/adult leadership training. My passions and areas of teaching/spiritual listening include creating space for people to encounter the Holy, Body Theology, Labyrinth work, MBTI, Enneagram, contemplative practices, LGBTQIA+ spirituality, the Divine Feminine, inner healing that leads to justice and healing in the wider world, discovering God’s deepest desires in our lives, work around transitions and ‘middle space,’ hospitality/intentional vulnerability, anger, forgiveness, grief, and loss. My heart beats for the marginalized, and I seek to provide safe spaces for all to feel welcomed, known, loved, and celebrated. I am a sucker for watching God’s grace show up in unexpected places, and I love the idea of second-chances and transformation. I have enjoyed working with a variety of folks from different faith (and non-faith) traditions, as we listen together for how the Holy might be healing and moving in your life. For more information, visit: [www.desertsoulcompanion.com](https://protect-us.mimecast.com/s/oVQqClYVRPTArGvIGrMOz).

**Name: Candace Woessner**

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Shillington

**Biographical Information**: Spiritual companionship encourages lifelong connection with the Holy through reflection and attention to the present moment.  With training under the direction of Gerald May and Tilden Edwards, I earned a certificate in spiritual direction at Shalem Institute in 2000 and have been companioning others since that time. I am happy to meet with spiritual friends on zoom and in person.

**Name: Nina Rynd Whitnah (D. Min.)**

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Paoli

**Biographical Information**: I come to the practice of Spiritual Direction from a long and rich experience of spiritual companionship that I have found in small groups as well as one-on-one friendships. Cultivating the dimension of shared, focused attention on behalf of another person is a natural progression for me of a style of relating that I have nurtured in my life, and I see it as a deep and sweet privilege. I completed a Doctor of Ministry in Spiritual Formation for Ministry Leaders in 2010 at Gordon-Conwell Theological Seminary (South Hamilton, MA); my project thesis explored spiritual formation during wilderness times. I finished training as a spiritual director in 2012 through Selah, a ministry of Leadership Transformations, Inc.